Metro rail extends train timings: Metro trains will operate from 5.30am to 10pm as Chennai Metro Rail Limited extends train timings to cater to the increasing footfalls. Earlier trains were operated till 9pm. Trains will be available every five minutes during peak hours-8am to 11am and from 5pm to 8pm. During non peak hours, trains will be operated every 10 minutes. On Sundays and public holidays, trains will be operated from 7am to 9pm with a 10minute frequency. So far, 40 passengers, who were caught not wearing face masks properly in metro stations and trains. were each fined ₹200.