

10-10-2019

**Press Release**

**Sub : World Mental Health Day Awareness – Metro Train Ride - Reg**

As part of bringing awareness on world Mental Health Day, Chennai Metro Rail Limited in association with Rotary Club of Meenambakam and volunteers of Psy Hub, an institute for Mental Health, along with a total of 40 students undertook a metro train trip from Kilpauk Metro to Airport today (10-10-2019).

The trip was to bring awareness and encouragement to the students on how to be treated equally thereby breaking the stigma pertaining to mental illness.